



January 2017

Dear Parent/Guardian,

Re: Amy Winehouse Foundation Resilience Programme

We would like to take this opportunity to inform you that the Amy Winehouse Foundation Resilience Programme will be launching in St Edward's School from November 2016. This preventative programme of drug and alcohol education is part of our on-going commitment to ensuring the good health and wellbeing of all students in our establishment. It will help us to ensure that our students are aware of the risks associated with drug or alcohol misuse, and understand some of the underlying factors that can contribute problems developing including low self-esteem, peer pressure and risky behaviours.

Funded by the BIG Lottery over the next three years, the Resilience Programme is delivered through a partnership between the Amy Winehouse Foundation and Addaction, a leading provider of substance misuse services for young people.

Students in Years 7 and 11 have attended tailored assemblies, whilst students in Years 8, 9 and 10 will also attend additional workshops facilitated by specialist staff and a team of highly trained volunteers in recovery. These volunteers are individuals who have in the past experienced and overcome their own problems with substances. They will be supported to share some of these experiences with students, in order that students can increase their own awareness and understanding which help to prevent them from developing problems with substance misuse in later life.

The impact of the Resilience Programme will be evaluated by the University of Bath and Harvard University and students, parents and teachers will all be invited to take part. This will take place through a series of questionnaires which students will be completing in tutor times throughout Spring and Summer term.

The Year 8, 9 and 10 assemblies will be taking place on Monday 27th March and workshops will take place in PSHEE and RE lessons throughout the 2 week cycle commencing Monday 27th March. Participation within the programme is voluntary. If you would like to find out more information, please contact the school or Anna Elston (Amy Winehouse Foundation Resilience Programme Co-ordinator) on 07538 051204. Following the delivery of the assemblies/workshops additional pastoral support will be made available to any students impacted by the content.

If you would like to exclude your child from taking part in the programme, then you must sign and return this form to the school by Friday 13th January. Please be aware that we may contact you directly to discuss the reasons for their exclusion.

Yours faithfully,

Georgina Oates
Pastoral Support Manager

Kerrie Hodder
PSHEE Lead



addaction



Resilience Programme

LOTTERY FUNDED



Assembly and workshop exclusion

If you are not willing to provide consent for your child/children to take part in the programme please sign and return this section: to Georgina Oates, Pastoral Support Manager by 28th November.

I(name), **do not** provide my consent for following child/children from taking part in the Amy Winehouse Foundation Resilience Programme.

.....Year/Tutor

.....Year/Tutor

.....Year/Tutor

I hereby confirm that I am a parent or current legal guardian

.....(Signature)

