

St Edward's School Newsletter

Careers Programme

Here at St Edward's we believe that educating our students in careers is an incredibly important and integral part of school life. Having an end goal can be a fantastic motivation for a student to perform as well as they are able to. Good quality careers provision can open up an array of possibilities and ideas for a young person. With this in mind, in September a full review was undertaken on the quality of Careers Education, Information, Advice and Guidance (CEIAG) on offer to students at here at St Edward's.

Since the review the following areas have been addressed;

- * A whole school careers map to see what provision is delivered and available to each year group.

- * The introduction of Kudos; Kudos is an impartial online careers guidance and information programme that helps young people plan their future and make Informed decisions. This programme is being rolled out to students in a phased approach this year.

- * Organised trips to careers fairs so young people can talk to potential employers and explore career opportunities

- * Bournemouth University mentoring programme; 30 Year 9 students have a Bournemouth University mentor who they see once a week, who will give advice on academics, careers and choices etc.

- * New arrangements with Ansbury; the schools external careers advice provider, which in the past may not have catered for as many students as we

would have liked, so rather than a limited number of 1:1 interviews we have introduced more group sessions based on career fields. i.e group talks on careers within health or industry etc. Also a drop-in session for students at lunchtimes.

- * Introduction of "The Real Game" into Year 8&9 PSHE curriculum. This is a national programme to educate students on everything from careers, to money, to life choices.

- * Whole school survey to collect the career intentions of every student to help target advice, guidance and to promote staff using information when teaching individuals and to personalise the content so it is relevant to their career aspirations.

- * Building links with external partners such as apprenticeships providers, HE providers, Rotary club, The RSA (Royal Society for the encouragement of Arts, Manufactures and Commerce). These act as information and guidance providers, mentors as well as inspiration.

- * Involvement in Science, Technology, English and Maths (STEM) activities from universities

and local business

- * More comprehensive options advice at age 14, 16 & 18.

- * Every Year 11 to have an interview to determine correct option for post 16, information and guidance.

- * Year 11 assembly advice on options other than 6th form i.e. college, apprenticeships.

St Edwards is committed to all students being able to access quality careers advice and guidance.

Please see future newsletters for upcoming careers events and programmes for certain year groups.

Attendance

St Edward's is continuing to focus on attendance and punctuality, and we wanted to remind you that we expect students' attendance to be **above 95%** - this is in line with government and Poole's expectations. Please see the table below which shows the number of hours and lessons missed for reduced attendance.

Attendance During one School Year	Equals Days absent per year	Which is approximately weeks absent	Which means this number of lessons missed	Which means this number of school hours missed
95%	9 Days	2 Weeks	50 Lessons	50 Hours
90%	19 Days	4 Weeks	100 Lessons	100 Hours
85%	29 Days	6 Weeks	150 Lessons	150 Hours
80%	38 Days	8 Weeks	200 Lessons	200 Hours



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Is sleep an issue in your house?

In our work on healthy living and how hard it is to stick to healthy choices, a large number of key stage 3 students have admitted that they struggle to get to sleep. I had been thinking about how we could address this in a helpful way with students, when BBC 1 Panorama produced *Sleepless Britain*. (<http://www.bbc.co.uk/programmes/b08hymf3>). This 30 minute programme highlighted issues with sleep and how it affects families of toddlers and teenagers, and showed how small changes can make big differences to the lives of everyone in the family.

Most shocking to me was the evidence that showed academic progress is hugely affected by lack of good quality sleep.

At Hanley High School in Yorkshire, Jenny investigates how poor sleep is affecting pupils' concentration and behaviour in class and finds that sleep deprivation can reduce academic performance by up to two years.

There were tests that show how memory and concentration are improved when we have good quality sleep. Our immune system is also affected, so better sleep really will make us healthier! This is something within our power to change that could have a big impact. Technology seems to be the biggest issue and we are encouraged to leave all devices out of the bedroom and for an hour before sleep.

I urge you to watch the programme with your children for them to see how improving their sleep can make life easier.... for everyone.

Laura Berry
PSHEE teacher

World Book Day

To Celebrate World Book Day, students enjoyed taking part in a book quiz during their library lessons all week. Students worked in groups to find the answers to the questions by reading the books. The winning teams won sweets, which encouraged them to work well in their groups, to get the correct answers.

Mrs Eastwood, in the LRC, had even more fun in fancy dress.



Curry Night

The Keralan Community teamed up with the School Association to create an amazing Indian themed evening.

Guests enjoyed eating authentic Indian cuisine and watching students entertain them with dancing and singing. Guests were even invited to take part in some dancing, with the help of instructors. We would like to thank all of those who helped make this evening so wonderful.



St Edward's Musical

This year St Edward's will be putting on the fantastic hit musical 'Our House'. This is a musical about moral obligations, choices, good and bad decisions and the repercussions of making a bad (or good) decision. Productions will be performed on Tuesday 10th, Wednesday 11th and Thursday 12th October 2017.

Auditions were last week and the talent this year is absolutely outstanding! Cast lists will

be up on Thursday 16th March and the first rehearsal will be Wednesday 22nd March and every Wednesday 3:15pm-4:30pm.

Tickets will be on sale after Easter, so be sure to get yours-. The first 50 adult tickets are on sale at an 'Early Bird Price!' - more details to follow soon.

Any parents or carers who would be interested in helping out, for example making or painting sets, props, creating or making costumes, selling refreshments on the night, or simply helping out in anything, please contact Ms. Morgan on lmorgan@st-edwards.poole.sch.uk as ALL help will be appreciated!



Well Done

Harrison Moors, in Year 11, has been named as St John Ambulance's West Region Cadet of the Year for 2017. Harrison triumphed in the two day contest, which saw the best of the first aid charity's young volunteers take part in some tough tasks to win prestigious regional and national titles. If you would like to know more about St John Ambulance's youth programmes, call 08700 10 49 50 or visit sja.org.uk/young people.

Well Done Harrison!

